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“Providing appropriate resources is an essential component of our student-athletes’ training programs. The expansion of the sports performance facility will better position DAPER to meet the needs of our varsity student-athletes as well as expand training and teaching opportunities for the broader student population.”

G. Anthony Grant, PhD  
Director of Athletics  
Department Head,  
Department of Athletics,  
Physical Education and  
Recreation

## An Updated Sports Performance Center for MIT Student-Athletes

The Department of Athletics, Physical Education and Recreation (DAPER) serves the entire MIT community, from dedicated student-athletes to casual users seeking fun and healthy recreational activities. Home of 33 varsity teams—many of which compete at conference, regional, and national levels—DAPER must remain competitive in recruiting top athletes. To increase athletes’ overall competitive performance and reduce injury, modernized and fully equipped team training areas are a must-have in today’s collegiate arena.

The renovated Sports Performance Center in the DuPont Athletic Building (W31), slated to open in fall 2023, will address the needs of our varsity teams competing at the nation’s highest collegiate levels, while also welcoming newcomers to train and learn. Tripled to 8,000 square feet, the space will include new equipment and a turf sprint surface, as well as enhanced teaching areas and cohesive MIT branding. Beyond everyday use, the new facility will be a valuable recruiting tool for attracting incoming student-athletes, embodying the culture of athletic excellence at MIT.

On a larger scale, to continue to make a positive impact on our campus culture and to encourage healthy habits, we must strengthen well-being education and services, making fitness resources available to all students. Creating dynamic spaces that promote student health and wellness, in addition to providing necessary resources to our varsity teams, is critical to MIT’s goal of advancing overall student well-being.

Above: The updated and expanded strength and conditioning facility will feature new equipment befitting MIT’s elite athletic stature.



## Better Experience, Better Results

Accommodating groups of up to 60 people, the new Sports Performance Center in the DuPont Athletic Building will include:

**New and upgraded resources:** There will be more open space for groups to train, with shock-absorbing floors and a turf sprinting area. New equipment will include double and single half-racks, a functional trainer, sleds, air bikes, and timing systems.

**Educational spaces and offices:** In keeping with MIT's commitment to physical education and well-being, the facility will include a teaching area with multiple monitors and a flexible workspace for instructors to review lesson plans. It will also contain three private offices.

**Strengthening the MIT Athletics brand:** The new space will be a facility worthy of the high-caliber athletes who train there, with a look and feel to match. The refreshed, branded space will also make an impression on recruits.

**We call upon MIT's friends and supporters to join us in creating this destination for our competitive student-athletes and the wider MIT athletic community.**



Scan the QR code to make a gift to the **Sports Performance Area Construction Fund** or the **Sports Performance Equipment Fund**.

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## DAPER by the Numbers

 **33** varsity teams

 **57** individual national championships

 **24** team national championships

 **385** CoSIDA\* Academic All-America honors



**To further discuss this opportunity, contact:**

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\*CoSIDA (College Sports Information Directors of America) awards the most accomplished student-athletes for academic and athletic achievement each year with membership to the Academic All-America team.

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